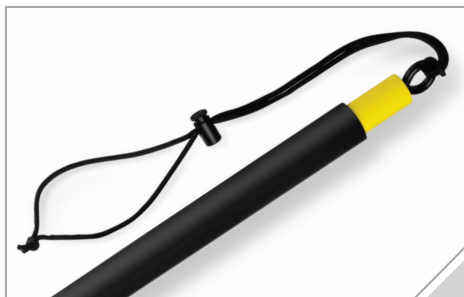


**TRX®**

# COMMERCIAL RIP® TRAINER

The TRX Rip Trainer Basic Kit provides professional trainers and fitness enthusiasts everything they need to get a full-body strength and conditioning challenge.



## SAFETY STRAP

Maintain a safe training environment



## RIP TRAINER

42 inch-long bar (1.1 m) with commercial-grade rubber handles that disassembles into two pieces for easy portability



## RIP® TRAINER STAND

The Rip Trainer stand provides convenient access and storage for up to five rip trainers of different resistance levels on the fitness floor



## RESISTANCE CORD

Resistance cord with protective nylon safety sleeve and five resistance levels available (L,M,H,XH,XXH)



## CARABINER

Industrial-strength carabiner rated for maximum durability



## RIP GROUP TRAINING STATION

Made of high-grade steel, the Rip Group Training Station accommodates up to 10 users, indoors or outdoors and includes wheels for easy portability

## WHAT'S INCLUDED:

### TRX Rip Trainer

Total-body training solution

### TRX Rip Basic Training Workout Guide

Setup instructions to get you started and workout cards to keep you going

### Carry Bag

Take your Rip Trainer wherever you train

### TRX Rip Door Anchor

Secure your Rip Trainer to any sturdy door

### TRX Rip Basic Training Instant Video Download

Video Includes:

- > Complete Setup and Use
- > How to Adjust Exercise Intensity
- > Detailed Exercise Library
- > Hosted by Rip Training creator Pete Holman

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FITNESS

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